

A Confident Heart—Week 5 Notes

Recap Past Weeks

Transition in the Middle of the Book - Renee's Video

Digging into God's Word - Isaiah 43 and Exodus 3
Isaiah 43:1-4

Psalm 90:14

1 John 2:28-3:1

Quotes From Prototype by Jonathan Martin

"Many times in the Old Testament, God refers to human beings as His beloved. But when God called Jesus His beloved, Jesus did something truly remarkable: He believed Him. And he lived every moment of His life fully convinced of His identity. And unlike every other person in human history... He never forgot."

"But of all the ways He was different from us, perhaps this is the most crucial one: Jesus never forgot who He was."

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Exodus Background

- Moses as a baby
- Moses flees Egypt
- God’s people crying out...“God saw ... and knew...” (Ex. 2:25)

Exodus 3

- Dialog between Moses and God
Moses: “*I’M NOT GOOD ENOUGH!*” God: “*I AM!*”
- God gets mad/frustrated, but never gives up on him!
- WE ARE HIS!
- The reason God was trying to use Moses was to save HIS people!
- God combats every doubt Moses had with truth

4:8 Your Brain

- Philippians 4:8 - What is true, honorable, just, pure, lovely, commendable, excellent, praiseworthy? DWELL on these things!

Small Group Discussion Questions

1. Describe what it felt like to write a doubt on the paper and throw it across the room? What was going through your heart and mind as you did that?
2. “I’m not good enough” is a lie Satan tells all of us at some point in our lives. The truth is that sometimes we AREN’T good enough because of the sin in our lives; yet, as God’s daughters Christ has made us good enough and chooses to use us. Describe a time when Satan tempted you to believe you weren’t good enough. How did that situation turn out?
3. Which were some of your favorite truths about who you are in Christ from pages 107-108? If you want, you can also share why.
4. Like we saw in Moses’ story, doubt is persistent; it keeps coming back again and again and again. Renee gives an idea in question 3 of page 116 of how to fight Satan’s lies. As a group brainstorm some other practical ways you could use (or things you already do) to fight those lies with God’s truth. (e.g. Having Bible verses on sticky notes around your house; setting an alarm for various points throughout a day and simply asking “Is what I’m dwelling on right now true? Is it ““against me” or “for me”, etc.) Be creative! Perhaps try something new this week!
5. If extra time, just share what has been most helpful, encouraging, or that you want to make sure you always remember from the past 5 weeks.

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