

# Great Prayers

## Heartfelt Prayer

August 25-26, 2012

Then Elkanah her husband said to her, "Hannah, why do you weep and why do you not eat and why is your heart sad? Am I not better to you than ten sons?"

1 Samuel 1:7

**1. Admit how I \_\_\_\_\_ .**

She, greatly distressed, prayed to the Lord and wept bitterly.

1 Samuel 1:10

A joyful heart makes a cheerful face, but when the heart is sad, the spirit is broken.

Proverbs 15:13

**2. Find a safe \_\_\_\_\_ .**

Then Hannah rose after eating and drinking in Shiloh. Now Eli the priest was sitting on the seat by the doorpost of the temple of the Lord.

1 Samuel 1:9

**3. Turn your \_\_\_\_\_ to God.**

Seeing the people, He felt compassion for them, because they were distressed and downcast like sheep without a shepherd.

Matthew 9:36

I have poured out my soul before the Lord.

1 Samuel 1:15a

She made a vow and said, "O Lord of hosts, if You will indeed look on the affliction of Your maidservant and remember me, and not forget Your maidservant, but will give Your maidservant a son, then I will give him to the Lord all the days of his life, and a razor shall never come on his head."

1 Samuel 1:11

**4. Let \_\_\_\_\_ know you are hurting.**

But Hannah answered and said, "No, my lord, I am a woman oppressed in spirit."

1 Samuel 1:15b

Bear one another's burdens, and thereby fulfill the law of Christ.

Galatians 6:2

Then Elkanah her husband said to her, "Hannah, why do you weep and why do you not eat and why is your heart sad? Am I not better to you than ten sons?"

1 Samuel 1:8

Go in peace; and may the God of Israel grant your petition that you have asked of Him.

1 Samuel 1:17

**5. \_\_\_\_\_ God will answer.**

So the woman went her way and ate, and her face was no longer sad. 1 Samuel 1:18a

**When we trust God's \_\_\_\_\_, our response can precede the \_\_\_\_\_ .**

It came about in due time, after Hannah had conceived, that she gave birth to a son; and she named him Samuel, saying, "Because I have asked him of the Lord."

1 Samuel 1:20

Listen again online at [FirstTrinity.com/listen](http://FirstTrinity.com/listen).

## Regular Prayer

Spend some time in prayer this week.

You can use the provided prayer prompts or come up with your own. Tell us about your experience this week on Facebook or at [FirstTrinity.com/share](http://FirstTrinity.com/share).

- **Monday:** Are we telling the wonders of our Holy God to others? Share the Gospel with someone.
- **Tuesday:** Do I show compassion for those who are helpless or harassed, for family and friends, for neighbors and strangers?
- **Wednesday:** Do I support missions financially and prayerfully? Am I called to help spread the Gospel?
- **Thursday:** Do we ask God to go into action on our behalf when we pray heartfelt prayers?
- **Friday:** Do you have enough faith to believe God can and will answer your desperate prayer and bring blessings to you?
- **Saturday:** Entrust your future to the Lord, He will lead you in His way.

## Cornerstone Students

Small Group Leader:

Name: