

JOY

Inside Out

July 14-15, 2012

Therefore, my beloved brethren whom I long to see, my joy and crown, in this way stand firm in the Lord, my beloved. **Philippians 4:1**

In the Lord, we find _____ peace.

I urge Euodia and I urge Syntyche to live in harmony in the Lord. Indeed, true companion, I ask you also to help these women who have shared my struggle in the cause of the gospel, together with Clement also and the rest of my fellow workers, whose names are in the book of life. **Philippians 4:2-3**

Rejoice in the Lord always; again I will say, rejoice! Let your gentle spirit be known to all men. The Lord is near. **Philippians 4:4-5**

If possible, so far as it depends on you, be at peace with all men. **Romans 12:18**

In the Lord we find _____ peace.

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. **Philippians 4:6**

Worry is the sin of distrusting the promises and power of _____ .

Pray about _____ .

And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus. **Phiippians 4:7**

Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things. The things you have learned and received and heard and seen in me, practice these things, and the God of peace will be with you. **Philippians 4:8-9**

In the Lord we find _____ peace.

But I rejoiced in the Lord greatly, that now at last you have revived your concern for me; indeed, you were concerned before, but you lacked opportunity. Not that I speak from want, for I have learned to be content in whatever circumstances I am. **Philippians 4:10-11**

Contentment is _____ .

1. Avoid _____ .

2. Cultivate _____ .

I can do all things through Him who strengthens me. **Philippians 4:13**

Personalize Scripture

Reread Philippians 4 this week.

Below are the readings and some reflection questions or action ideas.

- **Monday:** Philippians 4:1
What does it mean to “stand firm in the Lord?”
- **Tuesday:** Philippians 4:2-3
How do you deal with conflict? Is there anyone in your life you are currently in conflict with that you need to deal with?
- **Wednesday:** Philippians 4:4-7
What are you currently anxious about in your life? Spend some time today “making your requests known to God.”
- **Thursday:** Philippians 4:8-9
What are your thoughts focused on today?
- **Friday:** Philippians 4:10-13
Where do you need God’s help in your life right now?
- **Saturday:** Philippians 4:14-23
What “need” in your life are you trying to provide for instead of trusting God to do it?

Cornerstone Students

Small Group Leader:

Name: